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April 17th, 2020 Update

To our Valued Clients-

As we continue to monitor the ever-evolving news about the Coronavirus (COVID-19) worldwide health emergency, we thought it would be helpful to give another update about our current capacity to treat current and new clients.

We continue to operate on a remote-basis only, offering teletherapy to our current clients. Our landlord and building management company, Ryan Companies, continue to keep our building locked. The building will remain closed until at least May 4th, 2020 per the Governor's instructions at which point we will re-evaluate if it is prudent to reopen the clinic and resume seeing clients face to face. For now, we will continue to offer our services via telemedicine platforms only. Our goal continues to be providing mental health services remotely in order to help contain the spread of the Coronavirus by keeping our physical office spaces closed.

Through today, HPCA providers have had no confirmed reports of exposure to the virus by any clients, family members or others.

If you are a current client and are not already receiving services via telemedicine, please be in contact with your psychotherapist who can provide you with information about how you begin 'seeing' them that way. All of our clinicians are fully up and running and able to offer you continued sessions via HIPAA-compliant videoconferencing platforms or telephonic sessions.

Please address questions about how insurance will cover these charges with your psychotherapist or our billing specialists. Most insurance policies are reimbursing for individual and DBT Skills Training Groups at the same rate as face-to-face services.

As the continued impact of the Coronavirus is better known and understood, we will monitor recommendations issued by the Governor of Minnesota and the CDC and follow their recommendations. It is our wish and goal to return to business as usual as soon as it prudent to do so.

Until we are able to 'see' each other face to face again, we wish you continued good health.

The Therapists at Highland Park Counseling Associates, LLC